

## JSAR 2010 Joining Instructions

### **General JSAR information**

Coast Guard Volunteers from the four corners of Ireland have converged in this last 4 years for a training exercise with a difference! Mulroy Coast Guard Unit, based in Downings, is the base for the 2010 Joint Search and Rescue (JSAR) games which involve members of the Northern Ireland Coastguard and the Irish Coast Guard. Now in its fifth year, the event aims to increase the professionalism of all participants and to enhance co-operation between both Services' through friendly competition.

Twelve team members from each division (Malin, Valentia, Dublin and Northern Ireland) compete in the events. Each of the four-person teams are either competing on behalf of their division, or are part of an inter-divisional (North-South) team, trying to secure one of the four awards up for grabs at this year's games. There will be two teams per Division (e.g. Valentia A and Valentia B, made up of four people from that Division) and 4 mixed team with one person from each Division making up the teams.

During the competitions the 48 competitors, will be faced with a range of emergency situations which they may encounter throughout their service and some with a more light hearted twist on team work and communications. These competitions will test the skills they use in their emergency service roles. These will include leadership; search planning; chart work; communications; compass work, first aid, helicopter landing procedures and rope work.

The Captain Kirwan Cup will be awarded to the best overall team; the JSAR Shield will be presented to the best divisional team; the Canadian Award will be presented to the best inter-divisional team and the fourth award, a silver cup, will be awarded to the competitor who has exhibited the best leadership skills.

The theme of the event, "From Ship Yard to Ship Wreck" was chosen as our Station is based in the local Boat Yard where numerous ships have been built down through the years and there have also been high numbers of wreckages in the area; one of which can be seen from the Station.

Other information about the Mulroy Unit can be found on our Facebook page by adding Mulroy Coast Guard as a friend, in which you'll get to see lots of local pictures and the range of activities that we're involved in.

### **What to bring**

For the competitions and judges, bring your full PPE. For the official opening ceremony on Friday evening, wear your working uniform. The divisional leaders will be able to advise you on the dress and protocol. All competitors must be prepared for the range of events and the possible range in weather conditions.

Full dress uniform is required for the presentation dinner, and casual clothes for the craic and dancing afterwards.

The nearest ATM machine is in the next village of Carrigart in the Centra shop. This is only accessible during opening hours. The next nearest ATMs are in Dunfanaghy and Ramelton (30 mins drive each). Cards may be used in the shops and hotels. But just bear this in mind if you want to bring money for Saturday night.

For anyone that has time, bring a camera. There are beautiful sights all around for those that have time to watch the games or for everyone on the Sunday morning.

### **How to find us**

Using the AA Ireland website you can get directions from your location to us, with accurate directions and approximate times. For our location put in “Downies” as the destination as this is the town name put on maps.

### **Accommodation**

The official accommodation will be in the Beach Hotel and the Downings Bay Hotel, both situated on the Main Street in Downings approx 150m apart.



The exact accommodation details will be defined when the names and numbers of competitors, judges and dignitaries are finalised. We will try to accommodate the divisions together, putting Mailn and Valentia in the Beach Hotel and Dublin and Northern Ireland in the Downings Bay Hotel, though some cross over will happen depending on availability. Welfare representatives from the Mulroy Coast Guard Unit will be at each hotel for the competitors arrival to help getting everyone booked in and to hand out the welcome pack with local information.

## **Weekend Timing:**

### **Friday**

Arrival & Check into Hotels before 18:00  
Check into Beach Hotel from 12:00,  
into Downings Bay from 14:00

18:00 - 19:00 Food in Downings Bay  
19:30 In Working Blues at GAA Centre  
19:30 Official Opening - helicopter flying by, flag & speeches  
20:30 Team selection - In Centre Main Hall  
21:00 -00:00 3 Events

### **Saturday**

06:30 - 09:00 Breakfast (later breakfast for anyone that doesn't have to start at 08:00)  
08:00 - 17:00 12 Events  
19:00 Begin moving to Pavilion for Wine Reception  
19:30 Have all CG personnel at Pavilion  
20:00 Sitting for dinner & Speeches  
23:00 After meal & speeches - back to Beach Hotel for entertainment

### **Sunday**

Breakfast times as normal in Hotels  
10:00 onwards Tours of Station &  
Display of Mc Shane's finds

12:00 Check out of hotels

